

Joint Base Journal

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News and information for and about the premier
Joint Base and its region

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JOINT BASE ANACOSTIA-BOLLING

www.cnmc.navy.mil/jbab

Numbers and People: Why giving to AFAS is vital

By MAJ. TY CHRISTIAN
AFDW's AFAS CAMPAIGN LEADER

Staff Sgt. Stacey Barker's story is one of thousands of positive encounters between Airmen and the Air Force Aid Society. The mother of four, assigned to the Air Force District of Washington, ran into a rough financial patch. She needed funds to bridge the yawning chasm between the last paycheck and the next.

AFAS stepped in, as it has countless times before, with an interest-free loan. The total number was small, but the impact on the Barker family was huge. They made it through without resorting to high-interest credit cards, or cutting out necessities like nutritious food and transportation to work.

Watch Sergeant Baker's testimony on the AFDW Facebook Page.

The Air Force Assistance Fund campaign is built around numbers, but each of those numbers is representative of the care we show for our fellow Airmen. Air Force District of Washington Commander Maj. Gen. Darren McDew announced that with a donation of \$1.06 a month from every AFDW Airman, we can exceed our goal. It's important to remember that while many Airmen draw from the charities, taking a shared responsibility of funding the campaign is one way to ensure that every airman will have access to these funds when their time comes.

For 11th Comptroller Squadron NCOIC Tech. Sgt. Yolanda Heyward, the need for Aid Society assistance came like a thief in the night. A criminal hacked her bank account and drained her assets before she knew what happened. While the bank worked to recoup her funds, AFAS stepped in to help Sergeant Heyward avoid going into high-interest debt.

Watch Sergeant Heyward's

testimony on the AFDW Facebook page.

These aren't traditional stories of heroism in the face of enemy fire, but AFAS does help people avoid seeing red in their bank account, or feeling red-faced embarrassment at not being able to afford life's necessities despite putting in long hours and being top-notch Airmen. The campaign has a very real effect on Airmen, their families, and the work environment for civilians who call Airmen their peers. This impact is borne on the back of posting numbers that reach an organization's stated goals. Right now, we're short.

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At 35 percent, AFDW as a whole has been able to take down more than a third of its \$74,760 AFAS pledge.

We need more participation. We need more people to see past the numbers and hear the stories of the Airmen who have been directly helped right here on base.

Next week, we'll focus on the amount of money Andrews Airmen and AFDW Airmen have received in the past from the AFAS and three other charities benefitting from this drive. We'll also hear about the experiences key workers have had while working to build relationships with AFDW's generous Airmen.



U.S. AIR FORCE PHOTO BY SENIOR AIRMAN MELISSA BROWNSTEIN

Air Force District of Washington Commander Maj. Gen. Darren McDew, Contracting Specialist Tech. Sgt. Gus Spencer and Staff Sgt. Dan Huston demonstrate progress AFDW has made towards achieving its goal of \$74,760. The AFAS campaign began March 14 and runs through April 22. Key workers are expected to make 100 percent contact with AFDW service members, so ask your first sergeant who your unit's key worker is.

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Women's History Month wraps up with luncheon

SENIOR AIRMAN SUSAN MORENO

JOINT BASE ANACOSTIA-BOLLING PUBLIC AFFAIRS

The Joint Base Anacostia-Bolling Women's History Month observance wrapped up with a luncheon at the main chapel March 29.

The luncheon included a wide array of events, from an inspiring tribute to Old Glory as read by Chief Master Sgt. Deborah Rothwell, retired, to the announcement of the JBAB Women of the Year in the civilian and military categories.

Chaplain (Capt.) Ruth Segres gave the invocation.

"Eternal and all-wise God, Who when You created woman said, 'Very good,' thank You for the wisdom of our great-grandmothers who did miracles with meager; our grandmothers, who thought it not robbery to enter into the work force, even in the military, to make better lives for their daughters, our mothers. So for our mothers' tenacity, ethics and morals, we are grateful. For every man who stood beside us, encouraging us on our journey, we are grateful. We stand on the shoulders of our grandmothers, mothers, aunties, and sister-girls asking You to guide us as we try to make a difference for a better today and tomorrow for all of humanity; in Your holy name, amen."

Following the invocation was a reading of the tribute to Old Glory by Chief Rothwell, personifying the American flag.

Col. Monique Minnick then introduced the keynote speaker for the event, Chief Master Sgt. Bernise F. Belcer, chief of enlisted promotions and evaluations and fitness policy, deputy chief of staff, manpower and personnel, directorate of force management policy, air staff at the Pentagon.

"There is not a person in the room today that has not been shaped by a woman in their life," said Chief Belcer. "No one here can say that. Whether it was from the very beginning with your mother, your grand-



U.S. AIR FORCE PHOTO BY SENIOR AIRMAN SUSAN MORENO

Chief Master Sgt. Belcer was the keynote speaker at the Joint Base Anacostia-Bolling Women's History Month Luncheon March 29 at the Main Chapel, where she spoke about the influence some significant women have had in her life. The JBAB Women of the Year in the civilian and military categories were also announced.

mother, a teacher, a friend, a past supervisor, your life will never be the same because of a woman."

She went on to speak about great women who have made their mark in the pages of history, such as Cleopatra, Queen Elizabeth I of England; in more modern times, J.K. Rowling, Hillary Clinton; and in the military, Grace Peterson, the first female chief master sergeant in the Air Force.

"These women are bigger than life, and for some of us, their accomplishments seem to be out of our reach," Chief Belcer said. "We don't think we can attain the level of notoriety that they did, or that we can make a difference. I beg to differ. The theme for Women's History Month is, 'Our history is our

strength.' Sometimes you don't have to look as far as the internet for a woman of influence. Sometimes that woman is sitting next to us in the cubicle, or the lady across the street. Our history's not always made by the rich and famous, but someone that has seen a potential in us and encouraged us to reach for a dream."

She shared a story about a woman who had significant influence on her own life and career. Chief Belcer was only a buck sergeant and her mentor a technical sergeant when they first met. She explained that the very first words the two of them ever exchanged was when Chief Belcer's mentor asked her if she had a line number for staff sergeant as soon as she got off the plane arriving at her new assignment.

"My only regret is that she passed away six months before I got a line number for chief so I could call and tell her."

Chief Belcer advised her listeners to "pay it forward."

"Our foundation was laid by women of the past and we are currently paving the way for women of the future. You are going to become someone else's history. How do you want to be remembered?"

Following the keynote speaker, the JBAB Women of the Year were named. In the civilian category, Jervona Jones, spouse of Master Sgt. Jones of the U.S. Air Force Honor Guard; and in the military category, Capt. Tiffany Stone, U.S. Air Force Honor Guard.

Col. Roy-Alan Agustin, JBAB vice commander and Air Force Element commander, gave the closing remarks.

He mentioned notable women past and present, such as Eleanor Roosevelt, Sarah Palin, Hillary Clinton, and the late Geraldine Ferraro, and emphasized how far women have come, with the fact that there is now discussion about the potential for a female president. He reiterated that, "We have to know where we come from to know where we're going."

Portraits in Women's History:

Senior Airman Marivic Fellores

SENIOR AIRMAN SUSAN MORENO
JOINT BASE ANACOSTIA-BOLLING PUBLIC AFFAIRS

Senior Airman Marivic Fellores, Joint Base Anacostia-Bolling Military Personnel Flight, may well be the personification of the American Dream.

She is the fifth child in a family of six girls and one boy, and a native of the Bicol Region in the Philippines, with a population of just over 5 million as of August, 2007.

Her upbringing was difficult financially for the first seven years of her life, she said. Her family began slowly immigrating to the U.S. when her father found work here. She came to the U.S. for good in 2006, and gained her citizenship in 2008 while serving in the Air Force.

Airman Fellores was not the only one of her siblings to pursue a career in the armed forces—her brother and one of her sisters also joined the U.S. Navy.

"I knew the Navy wasn't for me, though, because I'm not a great swimmer," she said.

Nevertheless, she called her decision to join the Air Force one of the best she's ever made, because of all the doors it has opened for her.

"I never really expected to join the military when I was growing up, for one thing because the height requirement for females in the military in the Philippines is 5 feet 2 inches," she said.

At 4 feet, 11 inches tall, Airman Fellores said that she developed something of a 'Napoleon complex,' perhaps feeling the need to compensate for her short stature by driving herself to excel in aspects of her career, she said.

She is also a recent graduate of Airman Leadership School, and will officially be Staff Sgt. Fellores this month.

She was nicknamed "the quiet one" in ALS—though, just by sitting down and speaking with her for the first time, one may wonder how she came by such a seemingly unfitting nickname.

"I went from being called 'the quiet one' to being called 'Chief,'" she said. "That's when I started really coming out of my shell. They said, 'She's so quiet, but when she talks, we listen.' You become a leader as a team player."

Her academic prowess coupled with her "Chief-like" disposition was enough to earn her the John Levitow Award, the highest award presented at ALS. It is the pinnacle of success in the course, and is presented to the student who demonstrates the most outstanding leadership and scholastic qualities. Selection for the Levitow award is based on academic performance and assignment of points by peers and instructors.

She credits her first supervisor, Staff Sgt. Alisa Waldhof, with giving her the inspiration to do well as an Airman, and now as a non-commissioned officer.

"I always said that when I become an NCO, she's the kind I want to be," she said. "She only supervised me for less than a year, but she always led by example and never lost sight of her Airmen. She is my mentor."

WOMEN'S HISTORY MONTH

JOINT BASE ANACOSTIA-BOLLING

WASHINGTON, DC

Events

JBAB Woman of the Year, 7-11 March

Submissions - 100 words or less

(All women eligible)

ami.parrish@afncr.af.mil

Women's Memorial Tour

16 March, 1000 hrs

Transportation provided

RSVP by 11 March

kalefonda.swain@afncr.af.mil

(202) 404-3252

Luncheon - 29 March, 1100 hrs

Tickets sold by unit reps or

contact TSgt Charmaine Kelley

(202) 767-4489

OUR HISTORY IS OUR STRENGTH



Joint Base Journal

JOINT BASE ANACOSTIA-BOLLING

WASHINGTON, D.C.

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Disabled veterans inspire all Americans, Biden says

BY DONNA MILES
AMERICAN FORCES PRESS SERVICE

3/28/2011 - SNOWMASS VILLAGE, Colo. (AFNS) -- Vice President Joe Biden made a surprise appearance last night at the opening ceremonies of the 25th National Disabled Veterans Winter Sports Clinic, thanking the participants for their service and sacrifices and for the inspiration they give their fellow Americans.

"You are a remarkable group of people, ... the most tested of all Americans," the vice president told about 400 disabled veterans participating in this year's five-day clinic.

"Collectively, the generations of Soldiers, Sailors, Airmen and Marines who have served and sacrificed as you have are the heart and soul, ... the spine of this nation," Biden added. "You have given more than any but those who we have buried."

The vice president thanked the veterans for "the incredible service you have all rendered," but especially for "the service you continue to render."

The participants may not realize how much they do for other people in their situation, Biden told the veterans, or how much they inspire millions of Americans who look to their example.

"So don't underestimate what you continue to do for your country and what you continue to do for so many people ... who aren't warriors like all of you, but they

look at you and they take strength from it," he said.

Biden, who brought his family along to the opening ceremonies and introduced them by name, said he frequently takes his children and grandchildren along when he and his wife, Dr. Jill Biden, visit military and veterans hospitals.

"I want them to see the incredible courage," he said.

Biden shared stories of wounded warriors who, despite their own struggles, want nothing more than to return to their units and family members who stand by them.

"You are an inspiration to your country," the vice president said. "You have given so much and you ask for so little. You ... have never feared the future and you have never been deterred from the notion of being able to make every day a little better than the day before. That's what brings you all here."

Biden said he, President Barack Obama and Veterans Affairs Secretary Eric K. Shinseki share a firm belief that the U.S. has many obligations, but "only one sacred obligation: to prepare those we send into harm's way and to care for those who come home."

"It is they first -- not second, not third, not fifth," Biden said. "It is the only truly sacred obligation we have."

Registration for 2011 All-Military Wilderness Challenge Opens April 1

BY MARK O PIGGOTT
NAVAL WEAPONS STATION YORKTOWN
PUBLIC AFFAIRS

YORKTOWN, Va. (NNS) -- Registration for the Mid-Atlantic Region, Morale, Welfare and Recreation (MWR) Department's annual all-military Wilderness Challenge opens April 1.

The Wilderness Challenge will take place, Oct. 6-8, in the heart of the Appalachian Mountains and on the New and the Gauley Rivers in West Virginia. The event is hosted and co-organized by ACE Adventure Resort, West Virginia's largest outdoor outfitter.

More than 300 military personnel representing teams from around the World are expected to compete. Only the first 60 teams will secure a spot in the Wilderness Challenge, so teams are encouraged to register early.

"The MWR Wilderness Challenge continues to bring together the best athletes in the armed forces and puts them to the test," said Michael Bond, event coordinator. "The competition gets tougher and tougher every year as more teams battle for the title."

The challenge contains a series of five outdoor adventure races in a team format designed to bring camaraderie, competition and team spirit between all five branches of the Armed Services.

Teams participating in this year's challenge will compete in an 8K mountain run, a 14-mile mountain bike race, a 14-mile



U.S. NAVY PHOTO BY PHOTOGRAPHER'S
MATE 3RD CLASS TODD FRANTOM

Two Sailors assigned to Naval Submarine Torpedo Facility, Yorktown, Va., maneuver their "Duckie" whitewater boat down rapids during the annual Wilderness Challenge in West Virginia.

forced hike through the mountains, a 13-mile whitewater raft race on the Gauley River and a 7-mile kayak race on the New River. Last year's winner was Team "Amphibia" from the Office of the Chief of Navy Reserve, Washington, D.C.

Registration is open to all branches of the military. Teams must be comprised of four active duty military, one of which must be female. Registration can be made online at www.wildernesschallenge.net or by calling (757) 887-7256.

For more news from Naval Weapons Station Yorktown, visit www.navy.mil/local/nwsyorktown/.

Forces accomplish no-fly zone mission

BY KAREN PARRISH
AMERICAN FORCES
PRESS SERVICE

3/28/2011 - WASHINGTON (AFNS) -- U.S. and coalition forces have accomplished the no-fly zone aspect of the United Nations mission in Libya, Defense Secretary Robert M. Gates said during a television interview aired March 28.

Gates and Secretary of State Hillary Rodham Clinton appeared on NBC's "Meet the Press" and discussed what coalition nations have achieved as actions in Libya enter a second week.

U.S. and coalition partners have suppressed Moammar Gadhafi's air defenses in Libya and have not seen his planes in the air since the no-fly zone was put in place March 19, Gates said.

"We've also been successful on the humanitarian side," the defense secretary said. "We have prevented his forces from going to Benghazi, and we have taken out a good bit of his armor."

"I think we have, to a very large extent, completed the military mission, in terms of getting it set up," he added.

Gates said no decision has been made about supplying arms to Libyan forces opposing Gadhafi, though the U.N. Security Council resolution establishing

the no-fly zone permits such action.

"I think the president's policy is it's time for Gadhafi to go," he said. "That's not part of our military mission, which has been very limited and very strictly defined."

While a number of diplomatic efforts are underway to help resolve the situation in Libya, Gates said, "One should not underestimate the possibility of the regime itself cracking."

Clinton said she's confident the operation in Libya prevented Gadhafi from killing potentially tens of thousands of Libyan civilians and creating a refugee crisis that would have destabilized the region.

"He was intending, by his own words, to 'show no mercy,'" she said. "I think we prevented a great humanitarian disaster."

Now, because of the "good work of the coalition," Gadhafi's forces are turning back and the opposition is regaining ground it had lost, she said.

The military mission has been very well coordinated, and NATO is now taking command over it, she said, adding that "at the same time, we are pursuing really strict economic sanctions ... (and) we have a political effort underway."

Clinton said the African Union has called for a transition to democracy in Libya, and the

Arab League will join "others of us who are supporting this effort" for talks in London Tuesday to focus on how to manage such a transition.

The United Nations will also send a special envoy to Benghazi and Tripoli in the next several days to send a "very clear message" to Gadhafi, she said.

The secretary of state also said the international community's message to the Libyan leader is that "now is your time to get out of this and to help change the direction."

As protests in Syria extend the wave of popular uprisings that have swept across Tunisia, Egypt, Libya and other nations in recent months, Clinton said, the U.S. approach remains consistent: "We want to see no violence, we want to see peaceful protests ... and we want to see economic and political reform."

Clinton cited Egypt as an example of political transformation now under way. She and Gates have both visited Egypt in recent weeks, and offered assistance in reform efforts, she said.

"It is hard moving from being in the forefront of a movement to being part of a political process," she said. "It's hard in any country -- but we're going to stand with them and make sure ... they get the support they need."

Air Force offers additional undergraduate flying training

BY LT. COL.
ANN STEFANEK
SECRETARY OF THE AIR FORCE
PUBLIC AFFAIRS

3/28/2011 - WASHINGTON (AFNS) -- Air Force leaders expanded an opportunity for active duty junior and mid-grade officers to cross-flow into one of many rated AFSCs with the announcement of an additional undergraduate flying training board. The board is scheduled to be held in July at Randolph Air Force Base, Texas.

Greater opportunities exist for active duty Air Force officers to be selected for undergraduate flying training, said Maj. Eric Weber, the chief of rated force policy -- mobility forces.

"Although the Air Force currently has more officers serving than it is authorized, shortages exist in certain critical skills to include some rated specialties," Major Weber said. "For that reason, the Air Force will conduct two undergraduate flying training boards this fiscal year. A second board will allow the Air Force to select additional personnel to cross-flow into rated specialties, using the undergraduate flying training board process, which is critical to helping the Air Force balance requirements between Air Force specialties."

According to Major Weber, opportunities will be available in several rated specialties, but requirements in the remotely piloted aircraft career field in particular are increasing because of growing operational demands.

Application requirements include flying-class physicals and aptitude testing similar to previous years' boards, but Air Force officials noted that medical requirements have changed due to new RPA pilot eligibility criteria and applicants should not be discouraged to apply if they require an exception to policy for age or service dates, officials said.

Prior to Air Force Personnel Center officials releasing the board announcement message, officials urge officers to begin building application packages early to avoid delays in testing and medical examinations.

"We're seeking the best and the brightest to strategically rebalance the officer corps and meet rated growth requirements for the Air Force and our combatant commanders," Major Weber said. "The doors are open for applicants to pursue rated career opportunities through undergraduate flying training."

For more information, call the special flying programs section at DSN 665-2330 or commercial at 210-565-2330.

U.S. Air Force Honor Guard drill team performs



U.S. AIR FORCE PHOTOS BY SENIOR AIRMAN CHRISTOPHER RUANO

Above: Members of The U.S. Air Force Honor Guard drill team perform March 28 in the U.S. Air Force Honor Guard Ceremonial hall on Joint Base Anacostia-Bolling, Washington, D.C. The Drill Team premiered their new drill routine to Air Force District of Washington Commander Maj. Gen. Darren W. McDew.

Below: Maj. Gen. Darren W. McDew, Air Force District of Washington commander, applauds The U.S. Air Force Honor Guard Drill Team's new drill performance March 28 in the U.S. Air Force Honor Guard Ceremonial hall on Joint Base Anacostia-Bolling, Washington, D.C. General McDew said he was impressed with the Drill Team's hard work and determination and challenged them to do even better next time when coming up with new drill routines.



Drum majors conference



U.S. AIR FORCE PHOTO BY SENIOR AIRMAN SUSAN MORENO

U.S. Air Force regional band drum major practices marching with U.S. Air Force Band members. Of the 12 U.S. Air Force regional bands located throughout the country, eight drum majors attended the drum majors' conference to hone their timing and precision with the U.S. Air Force Band.

MWR at a glance

ARTS & CRAFTS CENTER

BLDG. 4472
202-767-4422

WOOD CRAFTER WANTED!

The JBAB Arts and Crafts Center is looking for an experienced woodcrafter to run the wood shop. Please apply at the human resources office in Building 12. Call for more information at 202.767.5206.

AUTO HOBBY SHOP

Bldg. P8
202-767-4571

BASIC AUTO CARE CLASS

April 13 | 5-7:30 p.m. | \$20

Come learn how to do a basic oil change, wiper blade replacement, flat tire repair and a few other basic auto care skills! There must be at least four participants for the class to take place.

INFORMATION, TICKETS & TOURS (ITT)

Bldg. 4472 (Arts & Crafts Center)
202-404-6576
Open Tuesday-Saturday 9am-6pm

DAY IN NEW YORK CITY

April 2 | 6 a.m.-9p.m. | Manhattan, NY | \$48.75

Bus will depart from Fitness Center II, Bldg. 419 parking lot at 6 a.m. Bus will arrive in NYC at 10 a.m. and drop off passengers at a designated location in downtown Manhattan. Passengers will be given six hours and must return at the designated location by 4:45 p.m. Bus will depart New York at 5 p.m. and return at 9 p.m.

RINGLING BROTHERS CIRCUS TICKETS

Purchase Ringling Brothers Circus Tickets Now at ITT!
Lower level section seats - \$19 per person (regular \$30)
Patriot Center Performances
April 15-17 - must pre-purchase tickets by April 7
April 23-24 - must pre-purchase tickets by April 14

ATLANTIC CITY TRIP

April 23 | 8 a.m.-10p.m. | \$38.75
Bus will depart from Fitness Center II, Bldg. 419 parking lot at 8 a.m. Bus will arrive at the Resorts Casino at noon. Bus will depart from Atlantic City at 6 p.m. and arrive at base at 10 p.m. Customer will receive \$22 casino credit.

RICHMOND INTERNATIONAL RACEWAY MILITARY APPRECIATION

Go to their website www.rir.com/salute and click on the Joint Base Anacostia-Bolling link to purchase tickets for Friday, April 29—the Bubba Burger 250 NASCAR Series Race. General admission is \$23 (\$7 savings) and kids under 12 years of age are admitted free of charge with a ticketed adult.

Tickets for Saturday, April 30, the Crown Royal

Matthew & Daniel Hansen 400 NASCAR Series Race, are also available. Prices start at \$45, including admission and a Pre-Race Pit Pass.

KINGS DOMINION SEASON PASSES

Your 2011 Kings Dominion VIP Season Passes are now on sale at the JBAB ITT office! Passes are \$69, which includes free parking at the park.

D.C. UNITED HOME GAME TICKETS

Pre-purchase 2011 D.C. United Home Game Tickets at the ITT Office. Tickets must be purchased 5 business days prior to the game date. Tickets will be available for pick-up at the Stadium Will Call Booth. Prices Include:

Mezzanine - \$45.50 (regular \$52+tax)
VIP - \$34.75 (regular \$42+tax)
Premium - \$26.00 (regular \$32+tax)
Spectator - \$20.75 (regular \$23+tax)

Ask your ITT representative for more information on season ticket packages as well.

DISNEY MILITARY PROMOTION

Offer good through Sept. 28

You can now pre-purchase 4-Day Park Hopper or 4-Day Base with Water Park for \$135.50 (regular price \$304.59), or a 4-Day Park Hopper with water park for \$162 (regular price \$362.10).

Tickets may NOT be used on the following dates: April

J NOTES

Miscellaneous items related to your health, your career,
your life and your community

Give the gift of life

An Armed Services Blood Program Blood Drive is Wednesday, April 6 from 10 a.m.-2 p.m. at the JBAB Fitness Center, building P15 Brookley Ave. Walk-ins are welcome. For more information or to make an appointment to donate, go to www.militaryblood.dod.mil or contact Tech. Sgt. Tiffany Hart at tiffany.hart@afncr.af.mil or call 202-767-5513 or 301-295-2109.

JBAB, WNY tax centers open for business

The Joint Base Anacostia-Bolling and Washington Navy Yard tax centers are open for business. The JBAB tax center days and hours of operation are Mondays, Wednesdays and Fridays from 9 a.m.-3:30 p.m.; the WNY tax center days and hours of operation are Tuesdays and Thursdays from 9 a.m.-3:30 p.m. Both offices operate by appointment only. For more information, call the JBAB tax cen-

ter at 202-767-7599 or the WNY tax center at 202-685-5580.

JBAB Exchange offers Sears home delivery

The Joint Base Anacostia-Bolling (JBAB) Exchange now offers convenient delivery and set-up from Sears Blue Service Crew on appliances, electronics, furniture, outdoor living items and sporting goods. Sears Blue Service Crew offers a professional uniform delivery team with a fast delivery network and next-day delivery on most in-stock items purchased before 3 p.m. Haul-away services are also offered. The Exchange offers the Military Star, Take It Home Today, and Exchange Protection programs to help finance and protect your purchases. Ask a Sales Associate for more details.

Attention Wiccans and Pagans

The open circle that meets at 5:30 p.m. every Thursday at the Chapel 2 Annex is

now officially sponsored by the Sacred Well Congregation. For more information, e-mail literatahurley@gmail.com, or stop by.

Taxes brings H&R Block to Joint Base Andrews

Joint Base Andrews Army and Air Force Exchange Service is offering tax preparation services via an H&R Block concession stand through April 15. For more information, call 301-568-2154.

Lifeguards needed for JBAB

Lifeguards, Lead Lifeguards and water safety instructors are needed for Joint Base Anacostia-Bolling. Visit our website at www.cnic.navy.mil/ndw/About/Jobs/ for job description, salary and how to apply.

AAFES Starbucks now accepts Starbucks cards

Starbucks now offers the Starbucks card and has a new rewards program. Join My Starbucks Rewards by registering any card at www.starbucks.com/rewards and use it to pay for coffee and treats, and watch you rewards grow. There are three different levels of rewards available, each offering a variety of incentives, including free drinks. Set up your card with auto-reload and guarantee your Star-earning power.

Flu shot reminder

Flu shots available from 7:30 a.m. to 4

p.m. at the Joint Base Anacostia-Bolling Clinic.

Clinic hours

Open 7:30 a.m. to 4 p.m. Don't no-show, call 24 hours in advance to cancel medical/dental appointments

Emergency number for Police, Fire & EMS (433-3333)

Self-help cameras at JBAB Public Affairs

Self-help cameras are available at JBAB Public Affairs. For more information or to sign out a camera, call 202-767-4781 or stop by Bldg P-20 Suite 219.

Save the date!

The Air Force District of Washington Annual Awards Ceremony is April 29 at the Bolling Club. Cocktails will be served at 6 p.m. and dinner will begin at 7 p.m. Military members should wear mess-dress or semi-formal attire, while civilians should wear formal attire. The theme for the event is "Commitment to Excellence... Dedication to Service... Recognition of Airmen." For more information, contact Master Sgt. Lisa Thomas at 240-857-1533.

**Flu shots available from 7:30 a.m. to 4 p.m.
at the Joint Base Anacostia-Bolling Clinic**

MWR

■ Continued from Page 7

17-23 and July 4 at Magic Kingdom only.

Ticket orders may take up to 15 business days.

POTOMAC LANES

Bldg. 1310
202-563-1702

DOLLAR SUNDAYS

Warm up at the Potomac Lanes every Sunday and enjoy discounted bowling from noon-4 p.m. for only \$1 per game per person. Shoe rental not included.

UNLIMITED COSMIC BOWLING

For an out-of-this-world bowling experience, there's nothing quite like cosmic bowling. Enjoy the futuristic sensation when we turn down the lights and fire up the cosmic show every Saturday after 6 p.m. There are dancing lights, hot music, glow-in-the-dark bowling lanes and pins! DJ Chris will be spinning the tunes from 7-11 p.m. Only \$20 per person & shoe rental is included!

LIBERTY CENTER

Bldg. 72
Now Open: noon-10 p.m. every day!
202-685-1802
Eligible Patrons: E1-E6 Single/Unaccompanied Active Duty Military

DAVE & BUSTER'S TRIP

April 2 | 7 p.m. | \$10 | Sign up by Aug. 1
Like great food, fun and exciting games? Liberty is hosting a trip to Dave and Busters at Arundel Mills! We must have a minimum of five Liberty participants and maximum of 12 participants for the trip to go. Transportation leaves the Liberty Center at 7 p.m.

DINNER & MOVIE NIGHT: BLANCHARD BARRACKS

April 5 | 6 p.m. | Blanchard Barracks
It's our monthly dinner and movie night at Blanchard Barracks! Come on down and grab a bite to eat, enjoy a movie and find out what's going on with Liberty.

DC CHERRY BLOSSOM TRIP

April 9 | noon | FREE | Sign up by April 7
Join Liberty as we head downtown to visit the famous Cherry Blossom Festival. Enjoy the beautiful cherry blossom trees and

take part in all the festival has to offer!

COMICS ON DUTY

April 12 | 7 p.m. | FREE
Laughs and food are just the right duo for a perfect Tuesday night at the Liberty Center. Come on out, grab a bite to eat and be ready to laugh when we host "Comics on Duty" with four very entertaining comedians.

DINNER & MOVIE NIGHT: LIBERTY CENTER

April 14 | 6 p.m. | Liberty Center
It's our monthly dinner and movie night at the Liberty Center! Come on over and grab a bite to eat, enjoy a movie and find out what's going on with Liberty.

INFO NIGHT: MILK DOES A BODY GOOD

April 19 | All Day | Liberty Center
Milk isn't just a great ingredient to put in some of your favorites foods and drinks, but it is also a healthy choice of beverage. Come to the Liberty Center tonight to find out the history of milk, fun facts and why it is essential for your everyday health.

TOURNAMENT NIGHT

April 21 | 6 p.m. | Liberty Center
For this month's tournament night we are changing it up! Get your game face on and enjoy a night at the Liberty Center, Liberty style! Food, games and awards will be provided.

LET'S GO TO THE MOVIES

April 22 | 6 p.m. | FREE
Join Liberty tonight as we take you to the AMC Hoffman Theater for a free movie. We must have a minimum of five Liberty participants and a maximum of 10 for the trip to go.

LIBERTY EASTER BRUNCH

April 24 | noon | Liberty Center
Come to the Liberty Center and enjoy a delicious and FREE Easter brunch!

LIBERTY PASSPORT EXCURSION: A TASTE OF THAI

April 28 | 6 p.m. | Thai Chili Restaurant
Join Liberty tonight as we head to Thai Chili Restaurant in Gallery Place, D.C., to enjoy some great Thai food. The first eight participants are free! There is a maximum of 10 participants for this trip.

FITNESS AND

AEROBIC CENTERS

Bldg. 419-Anacostia
202-433-2962
Bldg. 15 & 38- Bolling
202-767-5895

JBAB SARC FUN RUN/WALK

April 1 | 7:30 a.m. | JBAB Aerobic Center
Join the JBAB MWR Fitness Program and the Sexual Assault Response Coordinators at their 5K Run/Walk to kick off the Sexual Assault Awareness Campaign! Schedule of Events: 7:45 a.m. – Sexual Assault Awareness Month Proclamation and butterfly release. Fun run begins at 8 a.m. Refreshments will be served.

MAY FITNESS MONTH

Fitness Month is just around the corner! JBAB MWR will host their Annual May Fitness Month with various activities through the month! Be sure to check out the May 411 for events such as Sports Day, Health Fair and a 5K Run!

BOLLING CLUB

Bldg. 50
202-563-8400

NEW TUESDAY LUNCH BUFFET!

Tuesdays | 11 a.m.-1:30 p.m. | Washington Dining Room
Come to the Club and enjoy our new soup, salad and sandwich lunch buffet! We will be featuring our new Panini station.
Club Members: \$9.95
Non-Members: \$12.95

NEW 2 FOR 1 STEAK NIGHT

Thursdays | 5-9 p.m. | Wings Bar & Grill
Choose from a 12-ounce Rib Eye or 12-ounce New York Strip Steak, a tossed or iceberg wedge salad and a russet or sweet baked potato with butter, sour cream, chives and bacon. All meals come with a roll and butter as well as coffee, tea or iced tea. For reservations call 202-563-8400.
Club Members: \$17.95
Non-Members: \$35.95

FIRST FRIDAY – DJ STORM is BACK!

April 1 | 5 p.m.-1 a.m. | Washington Dining Room
First Friday at the Club is the place to be! Music entertainment will be provided by DJ Storm! The Washington Dining Room has a large dance floor, plenty of seating and a cash bar. There is no cover charge and everyone is welcome. The Club's famous chicken wings and burgers are available to

purchase from 7-10:30 p.m. Club Members enjoy complimentary hors d'oeuvres from 5-7 p.m.

CHAMPAGNE SUNDAY BRUNCH

April 3, 10 and 17 | 10:30am-2 p.m. | Washington Dining Room
Join us for the best Sunday brunch in the National Capital Region! The brunch features seasonal fruits, eggs Benedict, made-to-order omelets, scrambled eggs, breakfast meats, Belgian waffles, French toast, home fries, carving station, salad and dessert bar featuring soft serve ice cream. There is also a selection of lunch entrees available. Brunch includes complimentary champagne, screwdrivers and Bloody Mary's.

NEW PRICES!
Club Members: \$17.95
Non-Members: \$22.95

SEAFOOD BUFFET

April 6 | 5:30-8:30 p.m. | Washington Dining Room
It's back! Join us the first Wednesday of each month for our famous seafood buffet. The menu includes: snow crab legs, oysters (seasonal), peel-and-eat shrimp, salmon cakes, New England clam chowder, baked and fried tilapia, fried chicken and other favorites! Salad bar and ice cream station will also be available.
Club Members: \$24.95
Non-Members: \$29.95

BIRTHDAY LUNCH

April 13 | 11 a.m.-1:30 p.m. | Washington Dining Room
Attention Club Members born in April—show proof of your birthday in April and receive a complimentary lunch buffet and slice of birthday cake!

JBAB Lent/Holy Week Schedule

Catholic

Fridays - April 1, 8

Stations of the Cross and Soup Supper, Chapel Center, 6 p.m.

April 15

Reconciliation Service, Chapel Center, 6 p.m.

April 16

Mass, Chapel Center, 5 p.m.

Seder Blessing, Chapel Center, 6 p.m.

Palm Sunday - April 17

Mass, Chapel Center, 9:30 a.m.

Holy Thursday - April 21

Mass of the Lord's Supper, Chapel Center, 6 p.m.

Eucharistic Adoration, Blessed Sacrament Room, 7:30 p.m.

Good Friday - April 22

Stations of the Cross, Chapel Two, noon

The Lord's Passion, Chapel Center, 6 p.m.

Holy Saturday - April 23

Easter Vigil Mass, Chapel Center, 8 p.m.

Easter Sunday - April 24

Mass, Chapel Center, 9:30 a.m.

Protestant

Thursdays thru April 21

Lenten Luncheons, Chapel Center 11:30 a.m.

Palm Sunday- April 17

Images of Christ Service, Chapel Two 10:45 a.m.

Gospel, Chapel Center 11:30

Good Friday- April 22

Chapel Two 6:30 a.m.

Easter Sunrise Service- April 24

Chapel Center 6:30 a.m.

Easter Sunday- April 24

Easter Egg Hunt, Chapel Two, 9:30 a.m.

Liturgical, Chapel Two 10:45 a.m.

Gospel Service, Chapel Center 11:30 a.m.

RELIGIOUS DIRECTORY

Non Denominational

Non Denominational

Non Denominational

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Dr. James Lowther, Pastor

www.campspringschurch.com

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Wednesday: AWANA, Teen Clubs, Adult Prayer & Bible Study 7:00pm

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CLEARED JOB FAIR

Thursday, April 7, 11am - 3pm

Waterford at Springfield

6715 Commerce Street * Springfield, VA 22150

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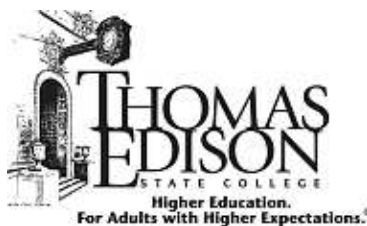
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